

# «پژوهشگر کرامی»

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**University of Kurdistan**  
**Faculty of Language and Literature**  
**Department of English Language and Literature and Linguistics**

**A Thesis**  
**Submitted to the Postgraduate Studies Office in Partial Fulfillment of**  
**the Requirements for the Degree of M.A. in the field of English**  
**language and literature, majoring in English literature**

**Title:**  
**The Identity Development of the Protagonist as a**  
**Female Emigrant: A Psychological Analysis of**  
**Colm Tóibín's *Brooklyn***

**By:**  
**Niusha Faraj Mohammadi**

**Supervisor:**  
**Dr. Erfan Rajabi**

**Advisor:**  
**Dr. Cyrus Amiri**

**February 2023**



**In the Name of God**



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## **Abstract**

This study examines the psychological changes and identity development of the protagonist in Colm Tóibín's novel *Brooklyn* (2009) through the lens of the migration process. Drawing upon psychological concepts such as intrapsychic conflict, refuelling, temporal continuity, subjective-selfsameness, second individuation of adolescence, and ethnic conscience, proposed by Salman Akhtar, an influential psychoanalyst and author, in his book *Identity and Immigration* (1999), this research explores the protagonist's journey as the protagonist relocates from Ireland to America. Other related concepts such as diaspora, displacement, diaspora identity, host population, and ethnicity that are embedded within the context of migration, are frequently referred to and discussed. By analysing key moments in the narrative, the study reveals the protagonist's psychoanalytical struggles and the subsequent outcomes of sacrifice and reward, which contribute to her personal growth in the context of migration. The study highlights the protagonist's navigation of the tensions between her understanding of the homeland and the promises of a new country, leading to a more developed sense of self-discovery and self-fulfilment. By examining the psychological mechanisms involved in migration, this study sheds light on the potential effects on identity development. The findings contribute to a deeper understanding of the complexities and costs associated with carving an accomplished identity in the face of migration.

**KeyWord:** Diaspora, Identity Development, Intrapsychic Conflicts, Refuelling, Temporal continuity,

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# Chapter One

## Introduction

### 1.1. General Overview

The Irish people's events and experiences, influenced by factors such as politics, economics, society, and individual circumstances, have significantly impacted the country's history and often led to relocations of its people. These events enrich Irish literature with diasporic qualities, inspiring authors from James Joyce to Colm Tóibín to portray the Irish diaspora. Colm Tóibín, an acclaimed Irish author, primarily focuses on novel writing but also works as a journalist, essayist, playwright, and editor. Born in Enniscorthy, he left Ireland in 1975 and produced many major works abroad. Tóibín's works primarily explore Irish society, living abroad, and preserving personal identity. His first travelogue, *Walking Along the Border*, established him as a travel writer and influenced his creation of diaspora fiction. Works like *The South* also delve into themes of dislocation. The idea for *Brooklyn* originated from a real event in Tóibín's life, involving a young woman's immigration to the United States and her subsequent return to Ireland.

Eilis Lacey, the protagonist in *Brooklyn*, is the daughter of a single mum and a younger sister to Rose and three brothers. She lives in a small city named Enniscorthy in Ireland. Living with an employed sister who spends much of her time outdoors and a mother who suffers from loneliness after the three boys departed abroad for work and now, she has a hard time expressing her feelings, Eilis stands as a girl who despite coming of age has not yet been able to understand and challenge her capabilities. As the youngest child, Savu (2013) describes it as "Eilis comes across as passive, diligent, and withdrawn, an observer more than a participant in life" and resolves the dullness of her life through the dynamics of Rose's life who is socially and economically a

successful individual. After being informed by Rose of a "proper job" in Brooklyn, Eilis leaves her family toward America, despite her uncertainty. She comes to find herself in a completely new situation, quite of a shock, for she eventually understands her inexperienced state in the ways of the world and how obviously Rose was a better choice for such an adventure. "She felt that she was being singled out for something for which she was not in any way prepared" (Tóibín, 2009).

The adventures she goes through starts right on the deck of the ship to America. For someone who has never left home and currently must struggle with the unfamiliar, Eilis meets one of her brothers halfway towards America. The entire event is even more confusing after he admits that his decision for migration was a best one he ever made. This becomes significant to Eilis, as she was under the impression that "she thought she was going to lose this world forever, that the rest of her life would be a struggle with the unfamiliar" (Tóibín, 2009). Dealing with fears of "letting go", the innovative international outlook practiced by the American community soon involves her in a new level of conflict. Thus, while making much effort to blend with the new society, her homesickness tends to break in. The protagonist's mental breakdown comes to a point where she is noticed by her circle of friends and her employer. While involving in a romantic relationship seems to be helpful for her eventual mental maintenance, the news of Rose's death once again attacks the fragile crest of tolerance she has been building around herself. Her return to Ireland adds to her mental dichotomy, for Eilis is no longer a daughter only in Ireland, but she is also a wife in America. Moreover, she has become more individualistic in choices and self-conscious over opportunities, thus discouraged by the old traditions of Ireland. The change in the notion of home for her overlaps her homesickness which was an encouragement to resettle in Ireland and finally, she is able to handle herself and decides to leave for abroad again.

The novel explores the rights and wrongs inherent to the nature of the journey, and the truths untold or silenced surrounding female Irish diaspora. *Brooklyn*, then, follows a young Irish woman who immigrates to America in the early 1950s, facing displacement and its consequences. Her hardships contribute to her personal growth and identity development.

This study aims to explore the theme of the identity development embedded in Irish diaspora in Colm Tóibín's novel *Brooklyn* and its impact on the protagonist's personal identity.

Through her experiences, the protagonist undergoes self-discovery and identity formation, and this study examines her struggles, adaptations, and transformative experiences as an immigrant. Through literary analysis and aided by relevant theoretical frameworks, the study explores the psychological and emotional dimensions of the protagonist's character development. By examining the protagonist's journey and challenges, this study contributes to a deeper understanding of the Irish diaspora and its impact on individual experiences in Colm Tóibín's *Brooklyn*.

## **1.2. Statement of the Problem**

In this research, the researcher will exploit the concepts in diaspora literature and immigration regarding their psychological aspects to shed light on *Brooklyn* in theoretical terms, in order to examine the way that the protagonist manages to develop her character under diasporic conditions.

This study seeks to psychologically explore the process of self-construction that Eilis as the protagonist goes through, during which not only her efforts, but also the societies and the changes with their course of exchange are effective factors. This study endeavours to delve into the intricate realm of identity transformation amid the phenomenon of migration, encompassing the multi-dimensional interplay of external life events and the internal cognitive processes. It aims to elucidate the inexorable changes that befall individuals when they embark on a migratory journey, acknowledging the dichotomy of positive and negative facets inherent in this transformative process. While migration inevitably gives rise to genuine conflicts, it also bestows upon migrants substantial benefits that ultimately enrich their lives. These inherent conflicts and benefits intricately intertwine within the tapestry of one's identity, fostering its gradual metamorphosis. Consequently, this study directs its focus towards unravelling the psychological benefits that are intertwined with the intricacies of the migratory experience.

The characteristic changes in the protagonist would be analysed through the lenses of diaspora and migration concepts, and contributions from psychological frame proposed by Salman Akhtar in his book *Immigration and Identity* (1999) to detect the protagonist's concrete change towards an improved social interaction ability and ultimate identity development.

of choices that a highly receptive culture can offer the immigrants and therefore, cultivates their understanding of themselves and their world around them, carving their identities for the tolerance of extra measures that was not observed in their homelands.

Finally, the attachment to ethnicity is not erasable. On the contrary, migrants develop ethnic conscience in exposition to the unfamiliar culture. In other words, the ethnic values will be finely celebrated if the host culture can allow it and the immigrants do not flop aside on one culture only. As Eilis is capable of handling both her ethnicity and the cultural cluster of America in a balanced manner, gradually it is enough to permit her to think out of the box, toward building a more accomplished identity.

### **5.3. Suggestions for Further Research**

An entirely gender oriented reading of the novel can be of great significance to further evaluate the exact psychology of Irish women during their immigration from Ireland to the countries, with the focus being on their experience of traumatization toward the patriarchal prejudice across the host culture.

While the possible ramifications of immigration are discussed in the present study, there is room for a further reading of the novel, though limited, about the inconvenient effects of migration on the character.

Also, comparative study can be made on the body of the culture in America in 1950s, with *Brooklyn* being the case study to provide evidence and analysis to the multiculturalism of America, and the extant lifestyles which played an important role in dragging immigrants down from all over the world.

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## چکیده

تحقیق پیش رو به بررسی تحولات روانی و رشد هویتی قهرمان داستانِ رمان بروکلین (۲۰۰۹) اثر کولم تویبین طی فرآیند مهاجرت می‌پردازد. با تکیه بر مفاهیم روانشناختی از جمله تضاد درون روانی، تجدید انرژی روانی، پیوستگی زمانی، هویت زمینه‌ای، فردیت دوم در نوجوانی و وجدان قومی، که توسط سلمان اختر در کتاب هویت و مهاجرت (۱۹۹۹) بررسی شده‌اند، این تحقیق مهاجرت قهرمان داستان از ایرلند به آمریکا را مطالعه می‌کند. در این مطالعه مفاهیم مرتبط دیگری مانند دیاسپورا، جا به جایی، هویت دیاسپورایی، جامعه میزبان و قومیت که در فرآیند مهاجرت وجود دارند، به طور مکرر مورد اشاره و بحث قرار می‌گیرند. با تجزیه و تحلیل لحظات کلیدی در داستان، این تحقیق چالش‌های روانکاوانه قهرمان داستان و دستاوردهای حاصله از فداکاری‌های او که به رشد شخصی‌اش کمک می‌کنند را تشریح می‌کند. هم‌چنین مطالعه حاضر کاوشگری‌های قهرمان داستان را در هضم تنش‌های ایجاد شده میان درک او از سرزمین مادری‌اش و رویای زندگی در یک سرزمین جدید را برجسته می‌کند که در نهایت منجر به درک توسعه‌یافته‌تری از خودیابی و خودشکوفایی‌اش می‌شود. نهایتاً، این تحقیق با بررسی مکانیسم‌های روان‌شناختی درگیر در مهاجرت، تأثیرات بالقوه‌شان را بر توسعه هویت روشن می‌سازد. یافته‌های این مطالعه به درک عمیق‌تری از پیچیدگی‌ها و هزینه‌های مربوطه در رسیدن به یک هویت پخته‌تر در مواجهه با مسئله مهاجرت کمک می‌کنند.

**واژه‌های کلیدی:** توسعه هویت، تعارضات درون روانی، سوخت‌گیری، تداوم زمانی، دیاسپورا



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پایان نامه‌ی ارائه شده به عنوان بخشی از فعالیت‌های تحصیلی لازم جهت اخذ درجه‌ی  
کارشناسی ارشد (M.A) در رشته‌ی زبان و ادبیات انگلیسی

عنوان:

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روانشناسانه به رمان بروکلین نوشته کالم توبین

پژوهشگر:

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در تاریخ ۱۴۰۱/۱۱/۳۰ توسط کمیته‌ی تخصصی و هیئت داوران زیر مورد بررسی قرار گرفت با  
درجه‌ی عالی به تصویب رسید.

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پایان‌نامه‌ی ارائه شده به عنوان بخشی از فعالیت‌های تحصیلی لازم جهت اخذ درجه‌ی  
کارشناسی‌ارشد (M.A) در رشته‌ی زبان و ادبیات انگلیسی گرایش ادبیات انگلیسی

**عنوان:**

رشد هویتی قهرمان داستان به عنوان یک مهاجر مؤنث: نگاهی  
روانشناسانه به رمان بروکلین نوشته کالم توبین

پژوهشگر:

نیوشا فرج محمدی

استاد راهنما:

دکتر عرفان رجبی

استاد مشاور:

دکتر سیروس امیری

بهمن ۱۴۰۱



دانشگاه کردستان  
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